

Bathtime

Thanks so much for buying our luxury Pawfect Bath System for your cat!

The plan was to have a video ready, but we are not shooting it until next week, due to needing a bit more equipment and hands on deck.

Here you will find instructions on how to use your Fractionated Coconut Oil (FCO) and Pawfect Shampoo.

First it's in the "short form" then a more detailed version of how I (Airie) wash my cats.

Of course you can do it however you like. You can use your own Coconut oil, or no oil at all. Please realize that the products are made to help balance your cat's PH on their skin and keep them healthy.

The DETOX bar is NOT meant to be used all over! It will make your cat very dry. Even the oiliest cat does not need this much drawing out of oil, the bar is made to open the pores and bring oil to the surface so you can remove blackheads more easily.

Both your shampoo and oil are highly concentrated. While there are 6 oz (or two oz) in each bottle, one oz or less of each mixes with 2 oz of water. Because these products do not have any preservatives, and have the purest most organic ingredients possible, 6 oz is the largest amount we put in a bottle due to time/oxygen content to keep them good. Organic products like these can go bad, but you do NOT need to refrigerate them, it will make no difference.

You actually have in your hands enough for quite a few baths. If you use straight out of the bottle, it would be gone very soon. Used properly, it will last quite awhile.

Humans bathe in water.

Dogs bathe in water.

Do cats? No.

Cats do not submerge themselves in water. Nature created them to be self cleaning with the tongue. Our beautiful naked babies, though a natural mutation, are not what nature intended.

However, they are cats, and expect to be treated as such.

Some cats seem to love the bathtub, most do not. So here's how to treat them like a cat, not a dog or a person.

Pawfect Bath System short form.

Mix a few pumps of oil and a few pumps of shampoo each into bowls with a few inches of warm water.

Get a big bowl and fill it with clean, hot water and a large washcloth or two.
Get a big pitcher and fill with clean hot water.
Put a large clean bath towel in your bath area.

Set your cat in an empty sink or tub and use the large washcloth to wet them down. Put the washcloth back in the water.

Use the oil and water and massage into cat all over.

If needed use the Detox bar and rub onto chin and or/tail and blackhead prone areas.

Use the shampoo mix directly over the oil and massage into cat however you like.

Use the wet washcloth to wipe off head, face, and wring over rest of body.

Use the pitcher of water to rinse the rest of your cat.

Wrap cat in towel.
Dress Cat.

Please read the whole document. You can write to me at info@slixconcepts.com with questions on how to use the products.

How to have a really clean cat:

OFTEN:

Every day (or as often as you want) use a microfiber cloth, and soak it in hot water. Wring it out and use it to lightly rub down your cat, paying special attention to under the chin, chest and armpits. You can also wipe face, inside ears and butt if you like. I bought a whole bunch of them from the dollar store and use them for nothing but that. If you think they are not working and you don't see dirt, leave one out to dry overnight. You'll be shocked at the fact that overnight it turns brown and black.

This is because it's not dirt. The body oils of the sphynx that have no fur to disperse into turn brown upon contact with air.

A dry microfiber cloth does wonders in removing "nose dirt" in between bath times when used gently.

Over bathing can cause problems. A balanced skin does not attract dirt as much, as the skin is not producing more oil to overcompensate. The Fractionated Coconut oil (FCO) helps balance out both problems.

Between Bathing as Needed:

Dry skinned kitty- Use the warm cloth to remove some of the body oil or dirt, take some warm water and a small squirt of the fractionated coconut oil and rub it in your hands. Gently rub and massage into dry parts. This oil absorbs almost instantly and a little goes a long way.

Oily skinned kitty-

Remove excess body oil with the warm cloth. Use a few drops of the FCO in about 1/4 cup of water, and massage over body with hands.

We are trying to balance the ph of the skin. It's different with each cat, and while coconut oil is great, it can be greasy and cause the cats body to produce more natural oil to try and shed the extra non-cat oil.

KEEPING your cat dressed helps a lot.

Clothing absorbs excess body oil and keeps dirt off of the areas where it tends to collect.

Of course the best clothing is available at www.simplysphynx.etsy.com.

THE BATH:

You don't have to dunk your cat. Here's what I do.

(Plastic Bowls and Pitcher are best. “

Hot” means almost as hot as you can stand it yourself.)

1. In two small bowls, put about 2 oz of hot water. (if you bought the full set, you may have received a small empty 2 oz bottle, which you can use to measure or instead of one of the bowls).
2. In a larger bowl, fill to the top with hot water and submerge a large microfiber cloth or hand towel.
3. In a pitcher, fill almost to the top with hot water.
4. Have some small microfiber or regular towel pieces nearby.
5. If you have the detox bar, have it nearby.
6. Put 1-3 pumps of shampoo in one small bowl of water, and 1-3 pumps of oil in another.
7. Fetch your cat. What I do is fold a small towel and put it in the sink, and have my big bath towel nearby.
8. Set your cat in the empty sink.
9. Take the big microfiber cloth, wring out slightly and place on cats back. Use the cloth to gently massage/wet your cat, whole body, sides of face, forehead and chin.
10. Use the diluted coconut oil and use your hands to massage it into the cat, all over. It's important to have the oil/shampoo ready so you are not holding onto your cat and trying to get it out at the same time.
11. Keep massaging it in. You may see some dark brown drops appearing on the cat and in the sink. This is a very different kind of bath, much more like their mother would give them with a tongue-not a person bath.
12. Now is when you dampen the Detox bar, and use it on the chin, tail, base of tail or wherever there are blackheads. You can also use it on the feet! It's amazing for getting that oil off the claws.
13. Use your warm water and towel to again get your cat wet/damp. I like to dip it back in the water, wring a little and use it to “sponge” the water all over.

14. Use the diluted shampoo a bit at a time and rub into your cat with your hands or a microfiber cloth. The shampoo activates upon contact with water and oil.
15. Rub, rub, rub your cat. Make sure you get the armpits, stomach/creases under the hind legs and chin and chest very well.
16. IF you get anything too near or in your cats eyes, ears, mouth or nose, use the small pieces of cloth and the hot water from the big bowl to wipe the areas.
17. Now you have a cat that is covered in the shampoo over oil.
18. I like to use the big cloth dipped in water and squeeze it out over the back, wipe the products off the face then the tail and butt.
19. Then I use the pitcher of water, pour it over the cats back and neck. hold their front legs up and then pour it down the stomach and pits.
20. Wrap in a big warm fluffy towel and dry! If you do nails/ears/blackheads at this time, you can do those, then dress in a nice soft T shirt and you are done!

Important Points:

90% of what we put on our skin can go directly into our bloodstream. A cats skin is only half as thick as ours. So what you put on your cat goes in your cat.

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Both your shampoo and oil are highly concentrated. While there are 6 oz (or two oz) in each bottle, one oz or less of each mixes with 2 oz of water.

Both shampoo and oil are water soluble and activate upon contact with water/ shampoo activates upon contact with the oil as well.

“Flash” or foam is not needed to be clean - they are usually made from drying detergent type of ingredients. They are used to disperse the product, and you are going to do it instead.

“Clean” is a misconception. You do NOT want to strip all the natural body oil or ear wax from your cat. This causes skin problems, ear problems and breaks the barrier between your cats skin and the bacterial environment.

Your cats internal and skin temperature are much higher than yours, keep the water hot, and the room warm.

In between bath time wipe downs and keeping your cat dressed helps with removing the body oil. Body oil turns brown upon contact with the air. If you dress your cat right after the bath, and then take the shirt off the next day, you will see brown inside the shirt-it’s just body oil.

If a cat that usually stays clean suddenly starts to get more oily/brown, first check the environment, then the cats health. Cats that are not feeling well get dirty faster as the skin is a way the body expresses health.

Now for your surprise - you can use the code SPATIME at checkout on www.etsy.com/shop/simplysphynx to get a free sponge set * and \$1.00 off on our new spa product **Pawfect Basix Shampoo** with hemp and almond oils. The shampoo and oil you have here are the luxury pure top of the line ones, no perfumes, and very, very concentrated. The Basix line is less concentrated and more for cats that are a bit less sensitive to ingredients and/or have allergies.



*pad colors may vary, each appx. 3” round, while supplies last
Thanks for taking such great care of your cat!